

# 2021 TEU uniTE Academy – June 23-25

## Info Sheet & Agenda

### GENERAL INFORMATION

WHAT: The 2021 TEU “uniTE” Academy

WHO: A collection of the top veteran and up and coming tight ends in the National Football League.

WHY: The purpose of the 2021 TEU “uniTE” Academy is to gather together as NFL tight ends in order to share knowledge, train together, build relationships, deepen connections, improve as athletes and as men, and help support various charities.

WHERE: Nashville Tennessee. Specific site location for various activities is below.

WHEN: Wednesday June 23 to Friday June 25, 2021.

**PLEASE CONFIRM YOUR ATTENDANCE ASAP** – Register for this event now at:

<https://www.thunderbirdperformance.com/teu>

### SHORT AGENDA

#### WEDNESDAY JUNE 23, 2021

- Noon-7:00 PM - Players arrive Nashville TN (BNA International Airport)
  - o Transport (on your own) to “Team Hotel” - The Thompson Hotel
  - o Located at 401 11th Ave S, Nashville, TN 37203 / (615) 262-6000
- 1 room per participant for the nights of June 23 and 24 are *complimentary!*
  - o **NOTE:** *If staying over additional nights players must make their own reservations and pay for hotel themselves*
- 7:30-9:30 PM - Player Gathering (appetizers/drinks) at Thompson Hotel - Rooftop Bar

#### THURSDAY JUNE 24, 2021

- Breakfast – On your own!
- 12:00-4:00 PM - Player Meetings/Workouts at Lipscomb Academy (“LA”) Football Facility
  - o 1027 Caldwell Lane, Nashville TN 37204
  - o TRANSPORTATION via shuttle bus will be provided (at no cost) from Thompson Hotel to LA pre-workout, and from LA to Thompson Hotel post workout.
  - o LUNCH PROVIDED
- 7:30-9:30 – Player Gathering at TOP GOLF for dinner and drinks
  - o Located at 500 Cowan St, Nashville, TN 37207
  - o TRANSPORTATION via shuttle bus will be provided (at no cost) from Thompson Hotel to TOP GOLF and back after event.

#### **FRIDAY JUNE 25, 2021 (Players not extending their hotel stay must check out of hotel)**

- 9:30-3:30 - Player Meetings/Workouts at Lipscomb Academy
  - o BRUNCH PROVIDED
  - o TRANSPORTATION via shuttle bus will be provided (at no cost) from Thompson Hotel to LA pre-workout, and from LA to Thompson Hotel post workout.
- 9:30 - Player Gathering at LUKE BRYAN’S 32 BRIDGE – PRIVATE & RESERVED BAR
  - o Located at 301 Broadway, Nashville, TN 37201 (walking distance from Thompson)

### **NOTES:**

- During the workouts at Lipscomb, there will be on site recovery options including massage therapists, multiple PT technicians/tables, and related vendors on both days.
- Friday evening activities are for those players staying over Friday night, but if doing, so *they must make reservations themselves and pay for any additional hotel nights.*